



Vita Health

Create A World Without Suicide





Our Mission

To eliminate suicide deaths and improve mental health by delivering access to clinically proven interventions intentionally curated for adolescents, college students, veterans and adults

Telebehavioral health company founded to take on complex BH care, nationwide

Virtual Mental Health Care

Specializing in Suicide Risk Reduction



Founded in 2021, Vita Health is the national leader in the delivery of virtual behavioral health services, specializing in providing outpatient care for acute risk of suicide.

Our outpatient, virtual mental health services include:

- B-CBT Therapeutic Program for Acute Suicide Risk
- Youth Support Programs
- Parental Support Programs
- General Mental Health Therapy
- Psychiatry / Medication Management

We serve individuals, couples, families:

Adolescents (12+) through Adulthood



The Vita Health Difference

Sample of some of the benefits for full time, salaried therapists

- **Collaborative environment**
Supervision, support and clinical training to promote strong clinical skills
- **Generous paid time off**
22 days of PTO, 8 company holidays, 8 days sick time
- **Save for retirement**
We offer a 401k retirement savings with up to 4% match
- **Benefits**
Medical, dental, vision, life insurance, malpractice insurance, short and long term disability and more
- **We do your credentialing, scheduling, billing**
So you can focus on clinical care
- **Remote freedom**
Have the flexibility to see your clients from where you are
- **Salary from day one**
Plus additional quarterly incentive program for productivity
- **CEU Reimbursement**
- **Cross Licensure**
Company reimbursed



What makes Vita's culture great?

1

Teamwork

2

Integrity

3

Kindness

4

Excellence

5

Sense of
Community

6

Work Life
balance



The job search process can be overwhelming. You can find yourself wondering if you'll ever find a company that's the perfect fit for you and your career goals. What will the company's culture be like? Will everyone make me feel welcome and a part of the team? Those questions were answered for me after my very first call with a Vita employee. I left that call feeling like I would play an important role in their organization and their mission. That feeling continued throughout the rest of the interview process. I felt that Vita was interested in my knowledge and experience and wanted to help me continue to pursue my career goals. I met with friendly faces who passionately discussed Vita's mission to improve the mental health of adolescents and young adults. They were patient, knowledgeable, and communicative. They made me want to be a part of the team, and I am so happy that I am.

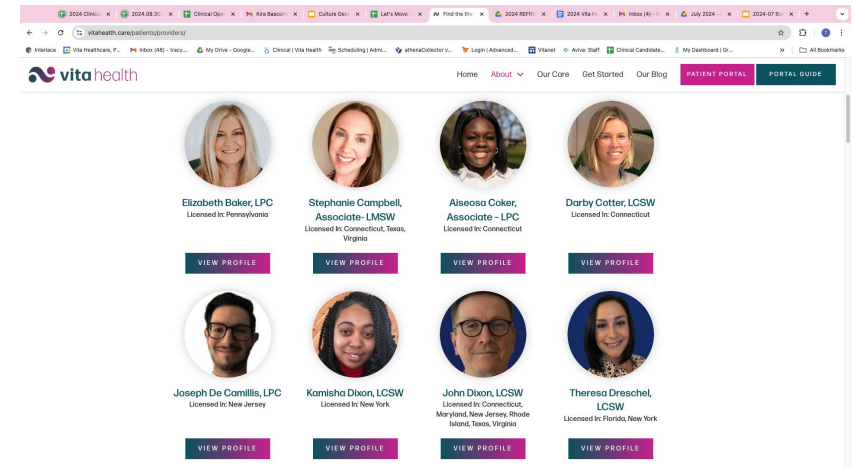
Stephanie Campbell (therapist)

Our Diverse Clinical Team

A Clinician Led Virtual Organization

60+ providers and growing:
therapists, psychiatrists, clinical
psychologists, and prescribing nurse
practitioners licensed to practice in 48
states

- 41% of our licensed providers identify as BIPOC
- 22% identify as part of the LGBTQIA+ community



Vita Health Innovative Suicide Care



Vita Health's suicide intervention significantly reduces suicide risk, ideation, attempts, and death. Supported by multiple published studies in JAMA Psychiatry, the American Journal of Psychology and Military Psychology, our suicide care has been shown to be up to 80% more effective than treatment as usual; 60% reduction in suicide attempts and 80% reduction in death by suicide.

As a Vita clinician **you will receive comprehensive** training, consultation, and supervision in our clinical approach.

Suicide Care B-CBT

- Clinicians deliver **individual therapy** for 12 sessions following a manualized protocol aimed at suicide risk reduction and prevention
- Program is based in brief cognitive behavioral therapy
- Proprietary companion app; client accesses between sessions for additional learning and practice of skills

YST (Youth-nominated Support Team)

Teens and young adults struggling with suicidal ideation or behavior can feel very isolated. With our innovative YST program

- Clinician works with the youth to nominate a team of supportive adults
- Clinician then provides **psychoeducation** offering resources, coaching and guidance to the team of supportive adults
- Aimed at youth suicide risk reduction and prevention

Clinician Support

Administrative Support

You focus on patient care and we handle the rest. Our team supports you by:

- Receiving patient calls
- Credentialing you with insurance panels
- Filling your caseload
- Scheduling
- Billing

Clinical Support

- Monthly consultation groups
- Monthly psychiatry consultation groups
- Monthly individual supervision for licensed clinicians
- Weekly individual supervision for associate clinicians
- Access to supervisor as needed
- Collaborative environment including monthly town hall meetings

Professional Development

- Clinical training on our model of care
- Extensive onboarding training
- CEU reimbursement

Inclusion at Vita Health



As a job candidate, understanding workplace inclusion means knowing that the company you are considering has policies, practices, and a culture that encourages diversity, equity, and inclusion. Vita Health manifests this in various ways, including:

- Commitment to hiring a diverse workforce, including underrepresented groups
- Equal opportunities for career advancement, professional development and training
- Culture of respect and inclusion, ensuring everybody feels valued and heard
- Policies and procedures that promote fairness and prevent discrimination, harassment and bias
- Benefits and resources that cater to the diverse needs of employees, such as flexible working and accommodations for disabilities

Our practices have created:

- **Highly engaged and productive clinician workforce**
- **Strong retention rates**
- **Positive clinician experience**



We Are Hiring





**Join our team and
help transform the
mental health of
our nation!**

Karen Rigot, Recruiter

Email: karen@VitaHealth.care

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