



Vita Health

Transforming adolescent
mental healthcare



Join us to transform adolescent mental healthcare

At Vita Health, we're on a mission to deliver the highest quality mental health care to teens and young adults. During this pivotal time of development there are unique mental health needs. We provide therapy and psychiatry through telehealth tailored to this age group.

Our services are available in 30 states, and we are proud to offer services covered by insurance. Our care is grounded in evidence-based practices delivered through our innovative model of care.

Vita Health is not only committed to the highest standard of patient care; we are equally committed to delivering the best experience to our team.



The Vita Clinician Experience



- **Collaborative environment**
Ongoing support and clinical training to promote strong clinical skills
- **Management of billing and scheduling**
So you can focus on clinical care
- **Remote freedom**
Have the flexibility to see your clients from where you are
- **Salary from day one**
Your bills are consistent so we think your compensation should be to
- **Generous paid time off**
You can't fill from an empty cup
- **Opportunities for growth**
We're growing and want you to grow with us!



What makes Vita's culture great?



1

Teamwork

2

Integrity

3

Kindness

4

Excellence

5

*Sense of
Community*

6

*Work life
balance*



What initially drew me to Vita Health is our incredible mission to help adolescents seeking quality, accessible behavioral care. However, what has made me stay is the people. Each and every person that works at Vita is passionate about our mission, believes in our team, and cares about the growth of each individual, professionally and personally. Knowing that we are impacting lives each and every day makes the work we do each day feel more meaningful.

- Gabby Martinez (Clinician)

Filling your cup

- **Paid salary**
401(k) with match
 - Available after 3 months of service
 - 100% match up to 3%
 - 50% match for 4th and 5th%
- **Health benefits**
 - Medical, dental, vision with company contribution
 - Life insurance
- **Apple laptop provided**
- **EAP**
Employee Assistance Program
- **Generous paid time off**
 - 22 days paid vacation
 - 8 days paid sick time
 - 7 company holidays
- **Malpractice insurance**



Vita's model of care for adolescents



Our mission is to provide exceptional patient-centered care that leads to outstanding clinical outcomes. We empower our clinicians and patients with data from over twenty screening tools that track symptoms and monitor patient progress.



Psychiatry



Therapy



*Group therapy
for adolescents
with anxiety*

(in CT, NY, MD, NV)



*Parent
Support
Groups*

(in NY, CT, NV)



*Vita Care
Pathways*

Clinician Support

Administrative Support

You focus on patient care and we handle the rest. Our team supports you by:

- Receiving patient calls
- Credentialing you with insurance panels
- Filling your caseload
- Scheduling
- Billing

Clinical Support

- Weekly consultation groups
- Biweekly psychiatry consultation groups
- Monthly individual supervision for licensed clinicians
- Weekly individual supervision for associate clinicians
- Access to supervisor as needed
- Collaborative environment including monthly town hall meetings

Professional Development

- Clinical training on our model of care
- Extensive onboarding training
- CEU reimbursement

Vita's innovative care pathways



We offer unique *care pathways* which are evidenced based frameworks for treatment, targeted for specific mental health needs. As a Vita clinician *you will receive comprehensive* training in our innovative approach. We currently offer two care pathways aimed at suicide prevention and those for anxiety and depression are coming soon.

Aviva

With Aviva, youth receive weekly individual sessions for 12 weeks that follow a structured framework to guide care aimed at suicide prevention. Aviva is grounded in brief cognitive behavioral therapy. Sessions are augmented through the use of an app that the youth utilizes between sessions for additional support. The app was developed by our partner company, Oui Therapeutics.

YST (Youth-nominated Support Team)

Teens and young adults struggling with their mental health can feel very isolated. With our innovative 12 week program, we support a young person to develop and maintain a robust support team. In YST, the clinician works with the youth to nominate a team of supportive adults and the clinician provides ongoing support and guidance to this team.

Inclusion at Vita Health



As a job candidate, understanding workplace inclusion means knowing that the company you are considering has policies, practices, and a culture that encourages diversity, equity, and inclusion. Vita Health manifests this in various ways, including:

- Commitment to hiring a diverse workforce, including underrepresented groups*
- Equal opportunities for career advancement, professional development and training*
- Culture of respect and inclusion, ensuring everybody feels valued and heard*
- Policies and procedures that promote fairness and prevent discrimination, harassment and bias*
- Benefits and resources that cater to the diverse needs of employees, such as flexible working and accommodations for disabilities*



At Vita Health we value and respect all employees, providing equal opportunities to succeed.

This creates a more engaged and productive workforce, improved retention rates and a positive experience.



Join our team and help transform mental healthcare!

Apply at VitaHealth.care/careers

Email us TalentAcquisition@VitaHealth.care

Stay connected

